



My Morning Routine



Task 1

Task 2

Task 3

Task 4

Task 5

Task 6

Task 7

Task 8

Task 9

Task 10



My Evening Routine



Task 1

Task 2

Task 3

Task 4

Task 5

Task 6

Task 7

Task 8

Task 9

Task 10

✂ Instructions:

Print and cut out the activity cards below.

Let your child help choose the tasks for the day.

Paste or stick the chosen cards into the routine chart.

Change the tasks daily or weekly as needed.

Optional: Laminate the cards and use Velcro for easy reuse!



