

Speakable

A magazine with news and articles
about communication and confidence

Parental coaching amplifies SLP therapy outcomes

Tips for parents to stimulate and consolidate
their children's therapy programs



Early intervention is a valuable strategy

Effective approaches to enhance therapy outcomes from a
child's earliest age

Introduction

Hello achievers,

Hope you're well!

2022 has been fantastic as we continue to provide telehealth services and in-person speech pathology sessions to our clients in Australia and overseas.

We are excited to have trained our speech therapists in providing the following programs: 1) TALi working memory program for children from 3 – 8 years. 2) Language Acquisition through Motor Planning (LAMP) for individuals who have limited verbal abilities or are nonverbal so that they can independently and spontaneously express themselves in any setting. This therapeutic approach is based on neurological and motor planning principles.

We truly appreciate your ongoing support. This new issue is composed of cutting-edge articles to inspire parents, students, teachers, speech pathologists and other health specialists. We hope that you enjoy our 8th issue!

Please feel free to share your reading experience with others and give your feedback so that we can continue to improve.

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Speakable improves its early intervention therapy with TALi TRAIN



Starting this February 2022, Speakable now has one more effective tool to use for early intervention plans to our clients. This innovative tool is **TALi TRAIN**, a scalable early childhood attention training program validated by Gold Standard clinical research. Our customers now have a new, non-invasive, and clinically tested early intervention option in Speakable's toolset with TALi TRAIN, a world-first digital therapy.

TALi TRAIN may be prescribed as a home-based intensive training programme to supplement a child's current intervention and therapy plan, making it a valuable addition to our clinic.

The technology that powers TALi TRAIN has been the subject of methodical double-blind, randomised controlled trials to verify its efficacy in children, and it is backed by ongoing research. The visual search abilities and numeracy skills of children with increased behavioural attention difficulties have been demonstrated to improve significantly when attention skills are targeted with training. In primary school-aged children, reductions in inattentive and hyperactive behaviours have also been seen.

If you have the feeling that your child might need early intervention, please feel free to contact us and book an appointment with us, so we can assess your child and, if necessary, develop an early intervention plan to help your child have a healthier development.

If you want to know more about early intervention, please read our blogposts about this topic by [clicking here](#).

Parental coaching amplifies SLP therapy outcomes



Speech and Language Pathologists are experts in speech and language issues and solutions. However, only parents and carers are experts in their own children. This is an important fact that leads to the fruitful partnership of our SLPs' therapy sessions with the parents' and carers' support throughout the time the child is not at the therapy sessions.

When not at the therapy session, the child might focus on resting, having fun on any other activity other than the acquired skills from the last therapy sessions. Parents and carers, then, can stimulate the child's memory and help make those skills permanent on the child's mind and practices. Therefore, they ensure a successful therapy program for the child to accomplish.

Among the many strategies that parents can implement at home, we can mention:

- After the SLP therapy sessions, always ask the therapist for simple activities to make at home
- Find creative ways to approach the children's speech and language activities while playing their favourite games
- Encouraging children in keeping the SLP therapy even when they feel they are not improving enough
- Checking how the child and the Speech and Language Pathologist's relationship is
- Remind the children about all small and big victories they achieved since the SLP therapy sessions have started

There are many other actions the parents are able to do, and the more they engage into the child's improvement and wellbeing, the faster, more long-lasting and effective the therapy will become.

Parental coaching amplifies SLP therapy outcomes

What is the Parental Coaching for Reading Support?

Speakable is a clinic which is highly interested on the success and wellbeing of our clients under therapy. However, our evidence based, cutting edge methods must not be limited to the therapy sessions. Your child needs to keep practicing even when not in the therapy sessions.

From simple activities and adapted homework to observation and evaluation techniques, Speakable offers this coaching program for parents and carers to contribute more actively to the child's success.

Therefore, parents and other carers can contribute to the child's accomplishments by learning from Speakable the best approaches to reinforce the achievements from past therapy sessions.

In case your child is under an SLP therapy program, [contact Speakable now](#) and become yourself a therapy contributor for your child's accomplishments!

Vocabulary activities for Autumn



With the beginning of March, we also start **Autumn** and experience changes in the weather and natural phenomena such as temperature and the nature itself. It is a wonderful opportunity to involve kids in activities to develop their vocabulary.

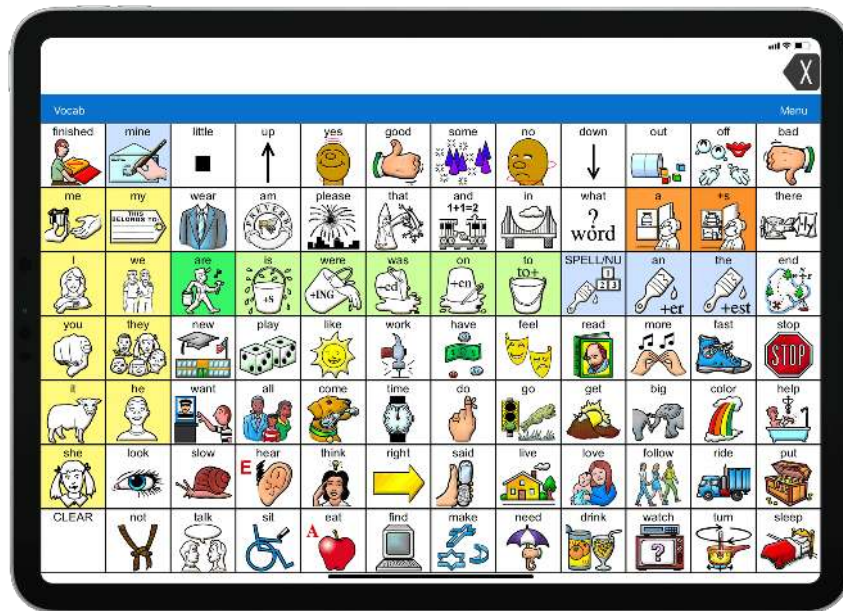
For example, Autumn-related words include abundant, amber, Autumn, autumnal, autumnal equinox, breezy, bright, brilliant, brisk, changing, chilly, colder, cosy, crackling, crisp, crunchy, earthy, fall, foggy, frosty, golden, harvest, hibernate, leaf, leaves, maple, September, October, November, March, April, May, orange, rainy, rake, raked, red, rustling, scarf, season, sweater, windy.

Not only reading and understanding their meaning, children can have fun exploring the use of each word in different contexts and learn about the environment. Check below some very interesting activities to stimulate children vocabulary:

- [Autumn Bingo](#)
- [Autumn Crossword](#)
- [Autumn Domino](#)
- [Autumn Flashcards](#)
- [Autumn I Spy](#)
- [Autumn Missing Letters](#)
- [Autumn Read and Match](#)
- [Autumn Wordsearch](#)

You can also explore other fun activities related to Autumn reading [this other blogpost from Speakable](#).

Speakable improves its services by introducing LAMP



LAMP is now among Speakable's toolkit to ensure better and better services to our clients. An acronym for Language Acquisition through Motor Planning, LAMP is one of the most efficient therapeutic approaches towards non-verbal individuals with autism and other developmental disabilities, using motor learning principles and a voice output communication aid.

The goal of this therapeutic approach is to give core vocabulary in sensory-rich activities while employing a consistent motor pattern to create models. The necessity for a constant motor plan stemmed from the idea that most verbal communicators speak spontaneously and effortlessly. Our brains have evolved motor patterns that are now automatic, so we don't need to motor plan our words and phrases. Auditory processing differences and/or motor impairments are common in people with language-related disabilities. LAMP combines a motor pattern via a set symbol design with consistent auditory output on the speech-generating device to overcome these core deficits. This integration of auditory and motor components is intended to improve language learning and communication.

LAMP is based on five main concepts:

- **Readiness to Learn.** Individuals with developmental delays, notably autism, perceive and respond to sensory input in different ways. We must ensure that their sensory systems are prepared in order for language learning to be most successful.
- **Joint Engagement.** Language development necessitates the development of joint attention and involvement. First and foremost, ensure that the individual can follow an event or item with the help of another person. The communication partner can name and comment on the shared object/activity with sustained attention.

Early intervention is a valuable strategy

- **Consistent and Unique Motor Patterns.** To generate words or phrases, verbal communicators do not need to focus. For most vocal speakers, the technique is pretty simple.
- **Auditory Signals.** When someone clicks a button on their device, the phrase is said out for them to hear, resulting in an audio signal. Auditory processing and language development are aided by this combination of a muscular pattern with an auditory input.
- **Natural Consequences.** What happens when words are utilised confers meaning on them. When a person with complex communication requirements follows a regular motor pattern and receives an aural signal combined with a certain icon or group of icons, a response should be linked to that sequence as soon as possible to give it meaning.

In case you need to know more about this therapeutic approach, always count on us to provide the most advanced techniques for the best outcomes to your child! Watch the video below for a short demonstration of how LAMP works in an electronic device by [clicking here](#).

Activities to celebrate Autism Awareness Day



Since a young age, some children display signs of potential speech and language disorders, which should be dealt with as quickly as possible. Speech and Language Pathologists can help your child with an assessment to pinpoint the areas of difficulty.

When these assessments indicate an actual speech and language disorder, then it's time for an intervention to minimise and, depending on the disorder, even eliminate it. The earlier the intervention procedures are activated, the higher the probability of success on minimising or eliminating the speech and language issues.

Three remarkable benefits can be pointed out from the early intervention:

- The child's development is enhanced in such a way the child's learning and communication pace gets closer and closer to other children who don't have speech and language disorders
- When the early intervention is under way, there can be more support provided to the family from other individuals who weren't aware of the child's situation: school professionals, governmental entities, local community and so on. Everyone reaches an understanding about the child's disorder and can offer social, emotional or financial support.
- When properly diagnosed, the early intervention procedures will prepare the child to have a life which is as normal as possible with the diagnosed disorders. Early intervention prepares children to accept themselves as they are and how disorders can be treated and managed, preparing them since early to see their possible roles in society and even the workforce in the future.

The benefits of early intervention are tremendous and help children better fit in with their families and community. If you notice any signs that might represent a speech and language disorder, search for a GP or speak to a Speech and Language Pathologist. Speakable's highly qualified professionals will be able to provide assessments and indicate proper intervention according to given diagnoses. With our free first consultation session, you will gain an understanding of how your child can be best assisted.

Activities to celebrate Autism Awareness Day



The world will once again concentrate its attention on autism on April 2nd and the whole remaining month, with the goal of increasing awareness and advocating political reforms that improve the lives of those afflicted by autism or Asperger's Syndrome across the world. You may also help in this struggle as a teacher, parent, carer or allied health professional by participating in many possible **Autism Awareness Day** activities.

Here are some great ideas to celebrate and support autism:

- Telling all of the students in the class to wear blue in April is a symbolic way of recognising Autism Awareness Month. The goal is to draw everyone's attention to the blue colour, which is the [Autism Speaks](#) organization's theme colour. They've been running a "Light it Up Blue" campaign, in which everyone is encouraged to wear blue to raise awareness of Autism.
- Sensory stimuli may cause more sensitiveness and receptiveness in children with autism. This is why they frequently become agitated or aroused by noises, fragrances, colours, movements, or other cues in the surroundings that other children ignore. With this in mind, specialists have created particular toys that stimulate the five senses of children with autism. Sensory mats, chewing toys, slimes or other fidget toys, vibrating cushions, and other sensory toys for autism are among the most popular.
- Autism may be introduced to young children for the first time. Not only that, but they may be unfamiliar with fundamental medical terms such as healthy, typical, optimal, unhealthy, untypical, or just different development. Which is understandable given how many people still have difficulty distinguishing between all of these words. As a result, with the aid of some beautifully written children's books on autism is the greatest method to teach a new subject while avoiding misunderstandings.

Which other activities will you perform for this special day and month? Tell us in our social media channels!

All of us from Speakable wish our clients a happy Autism Awareness Day on April 2nd!

Activities to celebrate Autism Awareness Day

This was the eighth issue of our new Speakable Magazine, which compiled the articles and relevant news about communication, confidence and our clinic from 2022's school term 1.

In case you are interested in following Speakable's social media profiles and blog, please check the list below:

Speakable Blog: www.speakable.com.au/blog

Facebook Page: [@SpeakableOz](https://www.facebook.com/SpeakableOz)

Twitter Page: [@speakableoz](https://twitter.com/speakableoz)

LinkedIn Page: [@speakable-speech-language](https://www.linkedin.com/company/speakable-speech-language)

Instagram Page: [@speakable_speech_pathology](https://www.instagram.com/speakable_speech_pathology)

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